

## Banana Worm Bread

### Ingredients:

- 1/2 cup shortening
- 3/4 cup sugar
- 2 bananas, mashed
- 2 cups flour
- 1 teaspoon soda
- 1 teaspoon salt
- 1/2 cup chopped nuts
- 2 eggs
- 1/4 cup dry-roasted army worms



### Directions:

Mix together all ingredients. Bake in greased loaf pan at 350 degrees for about 1 hour.